

Western Music Series

Liner Notes (Tracklist and Artist Biographies)

Volume #3: *Quiet Music*

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TRACKLIST (歌表) Song Name -- Band Name
(Minutes:Seconds) “歌名—乐队 (分钟:秒)”
SIDE A

1. "The Golden Age" - Beck (4:36) Genre: Rock Subgenre: Alternative

by Steve Huey: One of the most inventive and eclectic figures to emerge from the '90s alternative revolution, Beck was the epitome of postmodern chic in an era obsessed with junk culture. Drawing upon a kaleidoscope of influences - pop, folk, psychedelia, hip-hop, country, blues, R&B, funk, indie rock, noise rock, experimental rock, jazz, lounge, Brazilian music - Beck

created a body of work that was wildly unpredictable, vibrantly messy, and bursting with ideas. He was unquestionably a product of the media age - a synthesist whose concoctions were pasted together from bits of the past and present, in ways that could only occur to an overexposed pop-culture junkie. His surreal, free-associative lyrics were laced with warped imagery and a sardonic sense of humor that, while typical of the times, only rarely threatened the impact of his adventurous music. Beck appropriated freely from whatever genres he felt like, juxtaposing sounds that would never have co-existed organically (and his habitual irony made clear that he wasn't aiming for authenticity in the first place). If his musical style was impossible to pigeonhole, his true identity lay in that rootless, sprawling diversity, that determination to acknowledge no boundaries or conventions; everything he did bore the stamp of his distinctively skewed viewpoint. Beck caught his big break when the bizarre Delta blues/white-boy-rap pastiche "Loser" spawned a national catch phrase in early 1994: "Beck David Campbell was born July 8, 1970, in Los Angeles. Beck 是在美国九十年代另类摇滚乐中最重要的人物。



更加有意思的是，因为他虽然在一九九四年被叫做一个所谓的“one-hit wonder”（成名曲，以后再也没有流行的歌），但是他已经超过许多九十年代的乐队，因为当今他还写音乐。他自由联想的歌词和广泛的音乐影响给他的每一首歌无法仿效的特色。这首歌对他来说可以算比较保守的。歌：二零零二年

2. "The Hand Song"-Nickel Creek (4:26) Genre: Folk

by Steve Huey: Distinguished by their youth and eclectic taste, Nickel Creek became a word-of-mouth sensation on the progressive bluegrass scene and soon found their appeal spreading beyond the genre's core audience. Guitarist Sean Watkins, fiddler Sara Watkins (his younger sister), and mandolin/banjo/bouzouki player Chris Thile first started performing together in 1989, when all three were preteens and taking music lessons in their native San Diego. 这个乐队由三个比较年轻的人组成，都来自美国的圣迭戈。这首歌谈到一个孩子的手受伤，是因为他摘了几朵玫瑰花。歌：九十年代。



3. "Jesus of the Hammer"-Koester (4:34) Genre: Rock Subgenre: Alternative Sub-subgenre: Indie

by Bradley Torrealano: Made up of members of several different indie rock bands, Koester revolves around singer/songwriter Steve Koester; also featuring Alan Weatherhead (Sparklehorse), Miguel Urbiztondo, Tim Buckley, and John Daniels (all three in Maki). Oh! Turpentine, their first album, was met with critical praise and success in the underground music scene. Their next album, The High Highs the Low Lows, was released in the summer of 2002. Koester 算一个 "indie rock"（独立摇滚乐）队。这首唱的是基督教的耶稣，他的职业为一个木匠，还有他沉醉于听鲸鱼的叫声----有点奇怪，不过听到这首歌真的有一种像鲸鱼叫一样，使人安静的感受。歌：二零零二年



4. "Jesus Doesn't Want Me for a Sunbeam"-Nirvana (4:37) Genre: Rock Subgenre:

Alternative

by Stephen Thomas Erlewine & Greg Prato: Prior to Nirvana, alternative music was consigned to specialty sections of record stores and major labels considered it to be, at the very most, a tax write-off. After the band's second album, 1991's Nevermind, nothing was ever quite the same, for better and for worse. Nirvana popularized punk, post-punk, and indie rock, unintentionally bringing it into the American mainstream like no other band before it. 九十年代最有名的乐队把另类摇滚乐（尤其 punk 音乐）提高到像流行音乐一样的成功，但是并不能说所有的结果（例如 Kurt Cobain 的自杀）都是好的。这首歌跟所有其它 Nirvana 的吵吵摇滚歌很不一样。来自他们在纽约的 "Unplugged" 约会，加上一个手风琴。歌：一九九三年



5. "Blindfold" - Millionaire (5:28) Genre: Rock Subgenre: Alternative

by MacKenzie Wilson: With enough swagger to knock the Strokes off their high horse, Millionaire delivers its own daring mix of garage rock on the band's debut album, Outside the Simian Flock. These Belgian darlings mix a chaotic yet fashionable design of punk, electronica, and soul, and their effort in making their own kind of rock & roll is right on. Outside the Simian Flock could very well be synonymous with Millionaire's personal disposition as a group, but assuming that the band will kick-start your heart like all the others (Yeah Yeah Yeahs, the Hives) isn't completely wrong. They'll do just that and then some, a million times over, hence the slick production and the sexy appeal of the dozen-track set. From the thick basslines of "Body Experience Revue" to the schizoid riffs of "Aping Friends" and "Petty Thug," Millionaire manages to pull it off without it getting old. Outside the Simian Flock is a layered, dramatic performance and despite its feverish blend of genres, the bandmembers are keen on what's it is they're going for. Other highlights such as "Her Gender (Fixed)" and "Blindfold" are easy to digest and make it quite obvious that Millionaire won't be pigeonholed into any one category. Millionaire takes pride in being a little out there, and that's the brilliance behind Outside the Simian Flock. 又一个摇滚乐队加上不传统的乐器创作一首有曲调又有感情的歌。Millionaire（得了一百万块钱的一个人）来自比利时。歌：二零零三年

6. "I Will" - Radiohead (1:59) Genre: Rock Subgenre: Alternative

by Stephen Thomas Erlewine: Thom Yorke (vocals, guitar), Ed O'Brien (guitar, vocals), Jonny Greenwood (guitar), Colin Greenwood (bass), and Phil Selway

(drums) formed Radiohead as students at Oxford University in 1988. Radiohead was one of the few alternative bands of the early '90s to draw heavily from the grandiose arena rock that characterized U2's early albums. But the band internalized that epic sweep, turning it inside out to tell tortured, twisted tales of angst and alienation. Vocalist Thom Yorke's pained lyrics were brought to life by the group's three-guitar attack, which relied on texture - borrowing as much from My Bloody Valentine and Pink Floyd as R.E.M. and Pixies - instead of virtuosity.

也许当今的摇滚乐没有其他乐队能跟 Radiohead 比较。有的比较流行，也有的比较喜欢做实验。但是大概没有别的这么成功把这两个方面结合。Radiohead 对摇滚世界的影响也不能否认，因为最近有无数的队在模仿他们的声音。队员都是英国人，肯定在美国，英国乐队是最流行之一。歌：二零零三年



7. "Railroad Song"-Rob Crow (2:45)

Genre: Rock Subgenre: Alternative Sub-subgenre: Math, Home Recordings/Lo-Fi

by Stewart Mason: San Diego-based singer and multi-instrumentalist Rob Crow is an exceptionally prolific and eclectic musician who splits his time amongst a variety of projects. Along the way, Crow has released a pair of solo CDs that are distinctly odd even for this quirky musician. Crow's scribbled liner note explains that the songs were recorded with a four-track cassette deck in the apartment next door to his and Tenuta's, on equipment belonging to Heavy Vegetable bassist Travis Nelson. Rob

Crow 是加州圣迭戈的一个吉他实验家。这首是他第一个 Solo CD 的最长的小曲。这样的歌他经常在家里录下。歌：一九九五年

8. "Seville"-Pinback (4:11)

Genre: Rock Subgenre: Alternative Sub-subgenre: Math

by Nate Cavalieri: While a rotating cast of instrumentalists find loose assembly under the Pinback name, the partnership of Armistead Burwell Smith IV



and Rob Crow is at the heart of the some of the most complex, postmodern indie pop happening on the West Coast. In the first few days of 1998, Armistead Burwell Smith IV (of San Diego-based 3 Mile Pilot) and Robert Crow (of Thingy and Heavy Vegetable) formed a part-time recording project under the name Pinback.

这样比较复杂的摇滚乐被叫成 "Math Rock"。吉他还是基础，不过平常没有吵吵的声音，而有一点不连贯的，重做的，和迅速的声音。上面 Rob Crow 也是 Pinback 的队员。歌：二零零二年

9. "M62 Song" - Doves (3:48) Genre: Rock Subgenre: Alternative

by Jason Ankeny: The Manchester, England, epic pop trio the Doves reunited Jimi Goodwin (vocals/bass) with twin brothers Jez (guitar) and



Andy Williams (drums) for a stunning musical collaboration mimicking the likes of Radiohead, the Verve, and Ocean Colour Scene. Doves, all of whom had previously joined forces in the dance combo Sub Sub, are best-known for their club smash "Ain't No Love (Ain't No Use)." Debuting in October of 1998 with the Cedar EP, Doves quickly sold out the record's limited pressing, earning "next big thing" status in the British press. "Sea Song" followed in the spring of 1999 and upon issuing Hear It Comes that autumn, the group signed to the Heavenly label. They inked an American deal with Astralwerks in summer 2000 and the band's first full-length effort, Lost Souls, was released in the U.S. that October. By 2001, they'd moved to Capitol Records in the States and prepared for a second album. Two sold-out American tours and five recording studios later, Doves emerged with the song "There Goes the Fear" from their forthcoming second album, The Last Broadcast, in spring 2002. A special limited-edition version of the single was issued in mid-April. The album debuted at number one on the UK charts. The band also embarked on a North American tour the same week their album hit U.S. stores.

Doves (鸽) 是英国曼彻斯特很成功的摇滚乐队。他的歌里面常用很动人的管弦乐器，不过在这首表示能力创造比较传统的歌。还会激动人心。这三个队员（包括双胞胎兄弟）变成 Doves 乐队之前也成功成立了一个跳舞乐队。从而，可见他们做音乐各方面的才能。歌：二零零二年

10. "Tired of You" - Foo Fighters (5:12) Genre: Rock Subgenre: Alternative

by Stephen Thomas Erlewine: While he was drumming with Nirvana, Dave



Grohl was recording original songs at home that never received public release. Those tapes would become the foundation of Foo Fighters, the band he formed in 1995, after the death of Kurt Cobain. Like Nirvana, Foo Fighters melded loud, heavy guitars with pretty melodies and mixed punk sensibilities with a sharp sense of pop songwriting.

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Foo Fighters 主要的队员 Dave Grohl 本来是 Nirvana 的鼓手。Nirvana 解散了之后，他成为在美国摇滚世界最后的希望。除了 Foo Fighters 以外，美国摇滚乐队流行的越来越少。而且好不容易把 Punk 摇滚的粗暴声音当作流行音乐。虽然这首歌比一般的安静多了，也不能小看前面的技艺。歌：二零零四年

11. "Something Resembling Sleep" - James Combs (4:20) Genre: Rock Subgenre: Alternative

by Craig Harris: With his controversial lyrics set to modern acoustic arrangements, James Combs turned Bloomington, Indiana-based art rock band, Arson Garden, into one of the most promising young bands in the Midwest. In addition to leading the band on successful tours of North America and Europe, Combs played an essential role on the group's three albums - Under Towers in 1991, Wisteria in 1992 and he Belle Stomp in 1994. Leaving Indiana, in the mid-1980s, Combs temporarily lived in Boston and Chicago before settling in Petaluma, California in 1998. His debut solo album, Remotor, released the following year, was followed by the more pop-oriented album, Please Come Down in 2001.

James Combs 本来是美国中部的人，不过他有几次搬家了到西或东海岸。最近住在加州。Combs 的歌词经常引起争论。此外他的唱法也有特色：他唱的方式叫 "falsetto" (男子假声)。其实这首歌无非是个摇滚的 lullaby (摇篮曲)。歌：二零零一年



SIDE B

1. "The Green Grass of Tunnel" - Mum (4:58) Genre: Rock Subgenre: Alternative Sub-subgenre: Indie



by Andy Kellman: Iceland pop experimentalists Múm were formed by Gunnar Þór Tynes, Þórunn Tó Reyjarsdóttir, and classically trained twin sisters Gýa and Kristín Anna Valtýsdóttir. Formed in 1997, the group met while working on a children's play. Smáráson found his perception of music changed through hearing Aphex Twin and decided that he would abandon the guitar-based concepts of his prior bands. This was fine and dandy with his bandmates. Following a number of singles and remixes, the full-length *Yesterday Was Dramatic - Today Is OK* was released in 2000 through TMT/Thule in Iceland and Tugboat in the U.K. Each of the band's four members was in their late teens when the record was released, hailed for its playful and imaginative use of all things musical and not so musical. 听过英国著名的电子音乐家 Aphex Twin 的音乐之后, 这年轻冰岛乐队决定了放弃吉他作为主要的乐器。虽然双胞胎姐妹的队员受到古代和所谓 "重要" 的音乐培训了, 要描写 Mum 的声音第一个合适的单词却是顽皮。这首的乐器包括玩具, 而且歌词模糊不清。歌: 二零零三年

2. "Boadicea" - Enya (3:32) Genre: New Age

by Stephen Thomas Erlewine & William Ruhlmann: With her blend of folk melodies, synthesized backdrops, and classical motifs, Enya created a distinctive style that more closely resembled new age than the folk and Celtic music that provided her initial influences. Enya is from Gweedore, County Donegal, Ireland, which she left in 1980 to join the Irish band Clannad, the group that already featured her older brothers and sisters. She stayed with Clannad for two years, then left, hooking up with producer Nicky Ryan and lyricist Roma Ryan, with whom she recorded film and television scores. The result was a successful album of TV music for the BBC. Enya then recorded *Watermark* (1988), which featured her distinctive, flowing music and multi-overdubbed trancelike singing; the album sold four million copies worldwide. *Watermark* established Enya as an international star and launched a successful career that lasted well into the '90s.

Enya (born Eithne Ní Bhraoná in) was born into a musical family. Her father, Leo Brennan, was the leader of the Slieve Foy Band, a popular Irish show band; her mother was an amateur musician. Most importantly to Enya's career, was her siblings, who formed Clannad in 1976 with several of their uncles. Enya joined the band as a keyboardist in 1979, and contributed to several of the group's popular television soundtracks. In 1982, she left Clannad, claiming that she was uninterested in following the pop direction the group



had begun to pursue. Within a few years, she was commissioned, along with producer/arranger Nicky Ryan and lyricist Roma Ryan, to provide the score for a BBC-TV series called *The Celts*. The soundtrack was released in 1986 as her eponymous solo album. "Enya" 比她的真名字 Eithne Ní Bhraoná 能说的容易多了, 为最有名的一个国际 New Age (音乐方式 "新时代") diva (一个非常成功的女歌手) 也比较合适。Enya 是爱尔兰的, 她的家庭对传统爱尔兰的音乐特别熟。本来是这样的民歌和 Celtic (塞尔特) 的音乐影响了她, 但是自己的音乐由于一种特别的录音法叫 "overdubbing" 跟她的影响差别很大。全球想听音乐为了放松 (从职业运动员到诗人) 都放 Enya 的 CD。一共她的 CD 卖过 10, 000, 000 余张。

3. "Borrowed Tune" - The Blood Group (3:18) Genre: Rock Subgenre: Alternative Sub-subgenre: Indie

by Greg Prato: New York's Blood Group has included members Miss Jessica B., James Jackson Toth (who co-runs the independent record label Polyamory), Jarvis Tavvs, and Josh Taht (an ex-member of the Radiation Kings). 2001 saw the release of their debut recording, the eight track EP *Everything Forgotten* Gathers at the Ceiling, on the Le Grand Magistry label, which included special guest spots by Mercury Rev/Hopewell keyboardist Justin Francis Russo and underground hip-hop DJ/programmer NASA. The full-length *Volunteers* followed in 2002. 因为纽约的 Blood Group 乐队 ("Group" 的意思可以是乐队的 "队" 或血型的 "型") 有几个人物的协作, 所以把第一个 CD 称为 "Volunteers" (志愿者。。。摇滚历史上有名的 Jefferson Airplane 乐队也造了一个唱片叫 *Volunteers*)。歌: 二零零二年

4. "Caution" - Spokane (5:05) Genre: Rock Subgenre: Alternative Sub-subgenre: Indie

by Andy Kellman: Spokane is a solo vehicle for Drunk's Rick Alverson, a singer/songwriter who gleans equal amounts of inspiration from Simon & Garfunkel and Galaxie 500. Though Alverson has written most of Drunk's material, the songs he writes for Spokane are more personal and not as collaborative. Signed to Jagjaguwar, *Leisure and Other Songs* was released in 2000, enlisting the services of his mates in Drunk and aiding from the extensive help of Patrick Phelan. An EP for the Acuarela label of Spain, *Close Quarters*, was



issued in 2001, including a cover of Bauhaus' "All We Ever Wanted Was Everything." The proper follow-up to Spokane's debut was released a couple of months later. Like its predecessor, *The Proud Graduates* featured help from several of Alverson's friends. Drunk (喝醉) 乐队的 Rick Alverson 开了 Spokane (在美国华盛顿州的一个城市) 是为了写比较个人化的歌。这首算一个男的和女的 "duet" (二重唱)。歌: 二零零三年

5. "The Light 3000" - SchneiderTM / The Smiths (4:10) Genre: Electronic Subgenre: Alternative

by John Bush: The one-man independent electronics team behind Schneider TM is Dirk Dresselhaus, a former rhythm-section member for several German indie rock bands. He stepped into the spotlight with a 1998 album recorded for City Slang. He followed in 2000 with a collaborative EP, *Binokular*, recorded with KPT.michigan and highlighted by a cover of the Smiths' "There Is a Light That Never Goes Out" titled "The Light 3000." Two years later Dresselhaus returned with his second full-length, *Zoomer*, again released by City Slang in conjunction with Mute. 这是把十年代著名的摇滚乐队 The Smiths 的一个电子音乐remix。本歌的名字叫 "There is a Light That Never Goes Out", 一首悲壮的爱情歌。歌词表达她的爱情说如果一辆公共汽车和他们的车相撞, 就实现了他的希望死亡在一起。SchneiderTM 只是一个德国人, 名字叫 Dirk Dresselhaus。歌: 二零零零年



6. "Blood on the Motorway" - DJ Shadow (9:12) Genre: Electronic

by Sean Cooper: DJ Shadow's Josh Davis is widely credited as a key figure in developing the experimental instrumental hip-hop style associated with the London-based Mo' Wax label. His early singles for the label, including "In/Flux" and "Lost and Found (S.F.L.)," were all-over-the-map mini-masterpieces combining elements of funk, rock, hip-hop, ambient, jazz, soul, and used-bin incidentalia. Although he'd already done a scattering of original and production work (during 1991-1992 for Hollywood Records) by the time Mo' Wax's James Lavelle contacted him about releasing "In/Flux" on the fledgling imprint, it wasn't until his association with Mo' Wax that his sound began to mature and cohere. Mo'Wax released a longer work in 1995 - the 40-minute single in four movements, "What Does Your Soul Look Like," which topped the British indie



charts - and Davis went on to co-write, remix, and produce tracks for labelmates DJ Krush and Doctor Octagon plus the Mo' trip-hop supergroup U.N.K.L.E. Josh Davis grew up in Hayward, CA, a predominantly lower-middle-class suburb of San Francisco. The odd White suburban hip-hop fan in the hard rock-dominated early '80s, Davis gravitated toward the turntable/mixer setup of the hip-hop DJ over the guitars, bass, and drums of his peers.

DJ Shadow 是加州的 Josh Davis, 也许最有名的人用 "DJ" 的名字。他的方式算是电子音乐, 不过最大的影响实际上在八十年代的 Hip-Hop。Davis 也是在最早的 "Cratediggers" (一个人去音像商店为了找很无名的唱片 - 在 crates/ 盒子的里面) 因为大多他的歌的声音是来自其他的唱片。的确, DJ Shadow 主要的乐器就是电唱机。歌: 二零零三年

7. "Forlorn" - Sunna (4:19) Genre: Electronic Subgenre: Alternative

by MacKenzie Wilson: Mimicking the likes of fellow alterna-metal bands such as Tool and VAST comes the U.K.

band called Sunna. Fronted by Jon Harris, Sunna mixes dark electronic beats with thrashing hard rock to cast their own industrial-inspired sound of their own. Singer/songwriter Harris, who hails from London, formed Sunna with DJ Flatline, drummer Richie Mills, guitarist Ian MacLaren, and bassist Shane Goodwin. The band, who spent part of the summer touring with A Perfect Circle, released their debut One Minute Science in August 2000. 英国乐队 Sunna 的歌平常用电子鼓声给大声的 "Heavy Metal" 摇滚乐一点点的特色, 不过在这首歌中, 速度减慢多了, 也用了温暖的铜管代替吉他的声音。歌: 二零零三年



8. "Blue Mug" - Gusgus (4:15) Genre: Electronic Subgenre: Alternative

by John Bush: Being a quirky co-ed nine-piece from Reykjavik, Iceland, Gus Gus was almost bound to inspire comparisons to the Sugarcubes, though the onset of ten years caused the group to inherit the influences of electronic fuzz and trip-hop rhythms rather than the bout



of post-punk lunacy which inspired the Sugarcubes during the late '80s. Begun as a cinema concern in early 1995 by filmmakers Stefán Ární and Siggi Kjartansson, the group was gradually expanded to include musicians such as DJ Herb Legowitz and programmer Biggi Thórarinnsson as well as singer/songwriters Daníel Ágúst, Hafði S. Huld and Magnús Jóhannsson (former actors all), a cinematographer (Steph) and a producer (Baldur Stefánsson). The band's decidedly indie sensibilities led to their signing by 4AD after a four-part series of dance mix EPs during 1996. Among a handful of groups in the late '90s with access to both close-knit dance circles as well as the notoriously uptight indie community, the group gained support from LFO (with Mark Bell's remix of "Believe"), and one of London's most celebrated DJ stores, Fat Cat Records, while playing their first date in England. Given a combined US/UK release due to 4AD's agreement with Warner Bros., their debut album Polydistortion hit the stores in April 1997. This is Normal followed in 1999, and one year later the anthology release Gus Gus vs. T-World appeared.

又一个怪僻的冰岛乐队, Gusgus 的队员本来都是电影的摄影师, 导演, 和演员。他们的声音包括各种各样的电子音乐。这首歌的意思一点也不清楚, 不过如此引起美感 - 意思就不要紧了。歌: 一九九九年

9. "Come on up to the House" - Tom Waits (4:36) Genre: Gospel Subgenre: Alternative

by William Ruhlmann: In the 1970s, Tom Waits combined a lyrical focus on desperate, lowlife characters with a persona that seemed to embody the same lifestyle, which he sang about in a raspy, gravelly voice. From the '80s on, his work became increasingly theatrical as he moved into acting and composing. His music and persona proved highly cinematic, and, starting in 1978, he launched parallel careers as an actor and as a composer of movie music. He wrote songs for and appeared in Paradise Alley (1978), wrote the title song for On the Nickel (1980), and was hired by director Francis Coppola to write the music for One from the Heart (1982), which earned him an Academy Award nomination. While working on that project, Waits met and married playwright Kathleen Brennan, with whom he later collaborated. Tom Waits 很咆哮的唱法, 又悲哀又感情的歌词, 还有他的无所谓的样子结合的让他在是当代最有趣的人物。他的歌有时是先锋实验的, 有时是顽皮的。



还有不少描述一个忘不了的人物。无论他选的方式是摇滚, 布鲁斯, 或钢琴的小调, 结果都不能模仿。这首歌是传统基督教的圣歌。除了当歌手, Waits 也是演员和作曲家。歌: 一九九九年

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10. "This World Is Not My Home" - His Name Is Alive (2:40) Genre: Gospel Subgenre: Alternative

by Heather Phares: Named after history class notes on Abraham Lincoln, the Livonia, MI-based sonic manipulators His Name Is Alive formed when multi-instrumentalist/producer Warren Defever (also of shockabilly group Elvis Hitler) was still in high school. Defever, former schoolmate Karin Oliver (vocals), and drummer Damian Lang released self-produced cassettes of their music, one of which made its way to Ivo Watts-Russell, founder of the pioneering art label 4AD. Intrigued with His Name Is Alive's blend of spectral vocals, poetic lyrics, and textural guitars, Watts signed the band.

美国密歇根州的 His Name Is Alive 乐队开始的时候, 主要的队员 Warren Defever 还在上高中

(乐队的名字来自一片关于 Abraham Lincoln 总统的课文)。他的歌一直在摇滚乐的实验中。这首歌也是传统基督教的圣歌。



Artist and band biographies are excerpted from the All Music Guide, online at www.allmusic.com, unless otherwise noted. When possible, the original author's name is listed.

QUIET!

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7. "Railroad Song" - Rob Crow (2:45)
8. "Seville" - Pinback (4:11)
9. "M62 Song" - Doves (3:48)
10. "Tired of You" - Foo Fighters (5:12)
11. "Something Resembling Sleep" - James Combs (4:20)

SIDE B

1. "The Green Grass of Tunnel" - Mum (4:58)
2. "Boadicea" - Enya (3:32)
3. "Borrowed Tune" - The Blood Group (3:18)
4. "Caution" - Spokane (5:05)
5. "The Light 3000" - SchneiderTM/The Smiths (4:10)
6. "Blood on the Motorway" - DJ Shadow (9:12)
7. "Forlorn" - Sunna (4:19)
8. "Blue Mug" - Gusgus (4:15)
9. "Come on Up to the House" - Tom Waits (4:36)
10. "This World Is Not My Home" - His Name Is Alive (2:40)